



Sleepaway Camp Checklist

SLEEP

- Light pajamas
- Warm pajamas/onesie
- Slippers (optional)
- Flip flops
- Night light (battery powered)
- Small pillow
- Pillow Spray
- Blanket
- Eye Mask
- Ear Plugs
- Reusable water bottle
- Insect repellent
- Plushie
- Family Photo
- Headlamp, flashlight
- Mosquito net

MISCELLANEOUS

- Large Ziploc Bags
- Medication/Allergy pills
- Anti-itch cream
- Light day pack
- Playing cards, book(s), coloring pencils
- Shower caddy

TOILETRIES

- Toothbrush, Toothpaste
- Soap
- Deodorant
- Shampoo/Conditioner
- Hair brush, comb, hair ties,
- Sunscreen
- Deodorant
- Feminine hygiene products
- Aloe Vera

CLOTHING/SHOES

- Jacket/sweatshirt
- Sun hat/ball cap
- Bathing suits (at least 2)
- Rash Guard (aka swim shirt)
- Towels (Shower & beach)
- Wash cloth
- Socks & underwear (2 per day)
- Bras
- Sandals
- Running shoes
- Water shoes
- Raincoat
- T-shirts
- Shorts
- Pants, jeans
- Long sleeve shirt (s)
- Pre-stamped envelopes, writing paper, pens
- Diary, notebook or scrapbook