



Sleeping at Grandma's Checklist

SLEEP

- Portable Black-Out Curtain
- Light pajamas
- Warm pajamas/onesie
- Slippers (optional)
- Flip flops
- Night Light
- Small Pillow
- Pillow Spray
- Blanket
- Eye Mask
- Ear Plugs
- Reusable water bottle
- Plushie
- Night light
- Sleep Toy
- Weighted Plushie

ACTIVITIES & DEVICES

- Disposable Camera
- Playing Cards
- iPad & Charger
- Headphones
- Sketch book, coloring pencils
- Intergenerational games (cards, dice, string..)
- Recipe Book for Kids

TOILETRIES

- Toothbrush, Toothpaste
- Soap
- Deodorant
- Shampoo/Conditioner
- Hair brush, comb, hair ties,
- Sunscreen
- Deodorant
- Feminine Hygiene Products
- Aloe Vera

CLOTHING/SHOES

- Jacket/sweatshirt
- Sun hat/ball cap
- Bathing suits (at least 2)
- Rash Guard (aka swim shirt)
- Socks & Underwear (2 per day)
- Bras
- Sandals
- Running Shoes
- Water Shoes
- Raincoat
- T-shirts
- Shorts
- Pants, jeans
- Long sleeve shirt (s)
- Going Out / Dinner outfit (2)
- Dress Shoes